



CITY OF
Saco
friendly by nature

Saco Parks & Recreation Chopped Cooking Academy

An SPR Academy for young chefs in grades 6-8

SPR's Cooking Academy is a progressive cooking program, mixing classroom and kitchen work. Participants will learn fundamentals involved with food preparation, including:

- Measuring
- Food groups
- introduction to kitchens and equipment,
- and preparation techniques

Each meeting, participants will prepare an appetizer, entrée, and a dessert.



SPR is cooking up some fun!

Winter Session Details

Who: Students grades 6-8. Min 4 and Max 6

Where: Saco Community Center kitchen

When: Tuesdays, January 8th-29th

Time: End of school *approx. 2:30pm-5:00pm

Fee: \$95.00, includes all ingredients



*Transportation from Saco Middle School and TA Middle school provided

Don't miss out on the fun! Register today at www.sacorec.com

Any questions please call Saco Parks and Recreation Office at (207) 283-3139